



BIRKENHEAD SCHOOL

Personal, Social and Health Education Policy (PSHE)

This policy covers the School's approach to the delivery of Personal, Social, Health and Economic education through both designated time within the timetable and opportunities within individual subjects to develop subject specific SMSC opportunities. From September 2021 Relationships and Sex Education will be delivered as part of the PSRHE programme.

Keeping safe, making a positive contribution to their communities and being healthy are central to our students' lifelong development. PSHE is delivered to Key Stages 3, 4 and 5, through a weekly PSRHE lesson, primarily delivered by form tutors, through work in other curriculum subjects' lesson time, through the 'Beyond the Curriculum' lessons and through a wide range of activities such as Duke of Edinburgh Award Scheme. Students gain practical knowledge and skills to help them live healthily and deal with the spiritual, moral, social and cultural issues they face as they approach adulthood.

PHSE gives students opportunities to reflect on their experiences and how they are developing. It helps them to understand and manage responsibly a wider range of relationships as they mature, and to show respect for the diversity of, and differences between, people. It also develops students' well-being and self-esteem, encouraging belief in their ability to succeed and enabling them to take responsibility for their learning and future choice of courses and career.

Aims and Objectives

The School's aims and objectives for our students, which the PHSE curriculum supports, are for students:

- To be able to think and act for themselves
- To acquire and develop personal qualities and values
- To understand what makes for good relationships with others
- To develop good relationships with other members of the school and wider community
- To know and understand what constitutes a healthy lifestyle and how this can be achieved in their own life
- To be aware of safety issues with regards to modern technology as well as in the world around them and understand how to avoid becoming a victim of cybercrime in any form
- To have respect for others and their environment

- To be independent and responsible members of the school community
- To be positive and active members of a democratic and multicultural society, recognizing the British Values that underpin our society
- To develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- To acquire social independence and competence brought about by an enquiring mind
- To be aware of finance and how to budget
- To cover the statutory Relationships and Sex Education curriculum set by the Department for Education

In the course of PHSE education lessons, students may indicate that they are vulnerable or at risk. It is important to ensure that the school's safeguarding policy is adhered to at all times.

Throughout the programme we will promote the needs and interests of all students, irrespective of gender, culture, ability or aptitude, by ensuring we provide an inclusive curriculum.

Our programme promotes the School's values including actively promoting the fundamental British Values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.

Implementation

All staff deliver PHSE within the academic hidden curriculum through their everyday teaching, such as local environmental issues in Geography, or ethics and morality in Religious Studies.

All students receive a designated weekly PSRHE lesson. These lessons follow the PSRHE curriculum, available separately, and are coordinated by the School's Head of PSRHE. All students participate in annual workshops delivered by outside agencies. The schedule for workshops is coordinated by the PSHE Coordinator and is available separately.

We encourage students to take part in a range of practical activities that promote active citizenship, e.g., charity fundraising, the planning of special events or involvement in Community activities such as the service modules of the Duke of Edinburgh.

Assessment

Teachers assess students' work in PHSE by making informal judgements as they observe them during lessons and by looking through the work undertaken. Review sessions at the end of every term will allow students to reflect on their learning and allow form tutors to evaluate how students have progressed towards the intended learning outcomes.

Role of PSHE Coordinator

The PSHE Coordinator will:

- raise awareness amongst all staff of their contribution to the students' personal and social development and agree the overall aims, objectives and priorities
- create the PSRHE curriculum for all Year groups, including workshops
- establish a shared view of best practice
- lead policy development and review as this need arises
- agree the main priorities for the students' personal and social development and identify the major opportunities for meeting these priorities across the curriculum, adapting to the needs of the cohort as appropriate
- provide appropriate support and training for staff
- monitor and evaluate the programme, including the use of outside agencies, and students' responses to the programme
- carry out a continuous process of review and development of the programme as part of the cycle of school improvement

Kirsten Pankhurst 19th October 2023

To be reviewed September 2025