

Seniors Co-Curricular & Academic Enrichment 2025-26



# Sport

Monday	12.40-1.10pm	Gym & CV		Boys & Girls Years 10 - Sixth Form
	12.40-1.10pm	Sports Hall	Lacrosse	Girls Years 7 & 8
		Gym & CV		Boys & Girls Years 10 - Sixth Form
		Sports Hall	Netball	Girls Years 9 & 10
	3.50-5.00pm	School Field	Lacrosse	Girls Years 11 - Sixth Form
		McAllester Field	Rugby	Boys Years 7 / Year 10
		McAllester Astro	Hockey	Boys Years 10 - Sixth Form
Tuesday	7.30-8.45am	Sports Hall	Cricket	Start in November Year 10
	12.40-1.10pm	Sports Hall	Cricket	Start in November Year 7
	12.40-1.10pm	Gym & CV		Boys & Girls Years 10 - Sixth Form
		Gym & CV		Boys & Girls Years 10 - Sixth Form
		Sports Hall	Netball	Girls Year 11 - Sixth Form
	3.50-5.00pm	McAllester Field	Rugby	Boys Year 8 Years 11 to Sixth Form
		McAllester Astro	Hockey	Girls Year 9 - Sixth Form

## Sport (continued)

Wednesday	12.40-1.10pm	Gym & CV		Boys & Girls Years 10 - Sixth Form
		Gym & CV		Boys & Girls Years 10 - Sixth Form
	3.50-5.00pm	McAllester Field	Rugby	Boys Years 7 / Year 9 / Year 10
		McAllester Astro	Hockey	Girls Years 7 & 8

Thursday	7.30-8.45am	Sports Hall	Cricket	Start in November Years 8 & 9
	12.40-1.10pm	Gym & CV		Boys & Girls Years 10 - Sixth Form
		Gym & CV		Boys & Girls Years 10 - Sixth Form
	3.50-5.00pm	Sports Hall	Netball	Girls Years 7 & 8
		McAllester Field	Rugby	Boys Year 8 / Year 9 / Year 11 - Sixth Form
		McAllester Astro	Hockey	Boys Years 7 - 9

## Sport (continued)

Friday	12.40-1.10pm	Gym & CV		Boys & Girls Years 10 - Sixth Form
		Sports Hall	Lacrosse	Girls Years 9 - Sixth Form
		Gym & CV		Boys & Girls Years 10 - Sixth Form
	3.50-5.00pm	Sports Hall	Badminton	Boys & Girls Year 7 - Sixth Form
			Lacrosse	Girls Year 7 - 10

Cricket 1:1 Sessions are available. Please speak to Mr Taylor, Director of Sport for further information and details.

#### **Sport Tours**

July 2026	5 Days	Holland	Hockey	Europe
July 2027	14 Days	Barbados / St Lucia	Cricket	International
July 2028	14 Days	To be Confirmed	Rugby	International
July 2029	14 Days	South Africa	Hockey / Netball	International



## Music

	12.40- 1.10pm	Senior Choir  All students - Years 7 to Upper Sixth All vocal ranges welcomed	Music Rehearsal Studio	Mrs Coleman Mrs Keighren	An opportunity to rehearse and perform songs in a range of styles, mostly in 3 or 4 part harmony.
Monday	4.00- 5.00pm	<b>Senior Orchestra</b> Years 5 to Upper Sixth	Music Rehearsal Studio	Mrs Hunter	Orchestral repertoire including classical and film music. Brass and string players who have already been in the orchestra but have not yet reached Grade 3 standard are still most welcome. Woodwind and Percussion players yet to reach grade 3 standard please see below re Intermediate Band
	4.00- 5.00pm	Intermediate Band Years 5 to Upper Sixth	Top Floor Rehearsal Space	Mrs Thomas Mr Ryan	Jazz and Pop Band. Please meet in the Music Rehearsal Studio, together with the Orchestra, for the first few sessions.
	4.00- 4.45pm	<b>Brass Ensemble</b> Years 5 to Upper Sixth	Music Rehearsal Studio	Mr McGregor	Music in a range of styles, arranged for brass ensemble. *NB there is a supplementary fee of £3/ per session as this group is run by a visiting music tutor.
Wednesday	4.00- 5.00pm	<b>Rock Band</b> Year 5 to 11	Music Department	Sixth Form	Rock/pop band rehearsal coaching led by Sixth-Form musicians, for students who sing and/or play guitar, bass, drums or keyboards (piano), and would like to be in a rock/pop band
Thursday	1.10- 1.40pm	Overdale Pop Choir Years 7 & 8	Overdale	Mrs Keighren	Informal Singing Club. No need to attend every week, just join in when you feel like coming along.
To be confirmed		String Ensemble Years 5 to Upper Sixth			Details available soon. Please let Mrs Hunter know if you are interested in joining.

#### Music

#### **Chapel Choir**

For students in Year 5 to Sixth form who have passed a vocal trial. Speak to Mrs Hunter if you would like to apply to join the choir

Tuesday / Wednesday	8.15- 8.30am	Morning Rehearsals	School Chapel	Mrs Hunter	Morning rehearsals. Prep members return to class whilst Senior members stay on to sing for Seniors Chapel assemblies 8.30-9.00am
Wednesday	12.40- 1.10pm	Sopranos / Trebles	School Chapel	Mrs Hunter	Weekly lunchtime rehearsal just for soprano/ treble voices
Thursday	12.40- 1.10pm	Altos, Tenors, Basses	School Chapel	Mrs Hunter	Weekly lunchtime rehearsal just for alto, tenor and bass voices
Friday	4.00- 5.15pm	After School Rehearsal	School Chapel	Mrs Hunter	Choristers also commit to additional morning and lunchtime rehearsals, and Sunday Evensongs - see below. Please contact Mrs Hunter for details.
Sunday	6.30pm	<b>Evensong</b> All Welcome	School Chapel	Mrs Hunter Mrs Hobbs	Weekly Evensong service sung by the Chapel Choir. Service led by our School Chaplain, Mrs B Hobbs.



#### Drama

Monday	4.00-	Blood Brother Rehearsals	Years	Bushell
Wednesday	6.00pm		9 to 11	Hall
Sunday 23 <sup>rd</sup> November	All Day		3 10 11	Tidii

Blood Brothers will be performed from 25th to 28th November.

Tuesday Thursday	4.00- 6.00pm	Footloose Rehearsals	Year 7 to Sixth	Bushell Hall
Saturday 7 <sup>th</sup> March	All Day		Form	i idii

Footloose will be performed from 9th to 14th March.

From October 2025, we will be offering students\* the opportunity to participate in LAMDA (London Academy of Music and Dramatic Art) Examinations through a programme of weekly 1:1 online sessions.

Sessions will last for 30 minutes and will take place online. There is a charge of £25.00 per session. Sessions can be scheduled around a students' availability.

Topics offered include: Acting, Public Speaking, Verse & Prose, Shakespeare.

A baseline assessment will be conducted to place each student at the appropriate grade (minimum entry is Grade 4).

• 24 places available



#### Exam Support Sessions

	Monday 4.00-5.00pm	Years 10/11	Ov3	Mr Bell
English GCSE Revision & Extension Sessions	Thursday 1.10-1.40pm	Year 10 & 11	OV1	Mr Blank
	Friday 12.40-1.40pm	Year 11	OV2	Mrs Ballantyne
	<u>Higher Level Paper</u> Thursday 4.00-5.00pm	Year 11	K1	Mrs Eassie
Mathematics	Foundation Paper 1:1 Peer Mentor Support at agreed times			Peer Mentors
Physics Drop-In Session	Wednesday 12.40-1.40pm	Year 7 to Sixth Form	PH3	Miss Holland
Chemistry A Level Drop-In and Intervention Session	Wednesday 12.40-1.10pm (Targeted Intervention) Thursday 12.40-1.10pm	Sixth Form	C1	Mrs Tharme
Biology GCSE Revision Sessions	Tuesday 12.40-1.10pm Wednesday 3.50-5.00pm	Year 11		Biology Department

#### Exam Support Sessions

Music	Friday (Listening / Appraising Component) 1.10-1.40pm		Keyboard Lab	Mrs Coleman
	Thursday / Friday (Composition Support) 8.00-8.30am		Keyboard Lab	Mrs Hunter
Drama	Performance Support: Tuesday to Friday 12.40-1.10pm (On Request) Coursework Support: Monday 4.00-5.00pm Component 1 (Lent term onwards) Tuesday 4.00-5.00pm	Year 11	E1	Mrs Groves
Art GCSE & GCE Art Club	Tuesday / Thursday 4.00-5.00pm	Year 10 to Sixth Form	Art Room	Mrs Margerison
	Friday 1.10-1.40pm	Year 11	Art Room	Mrs Cormack
Design & Technology	Wednesday 4.00-5.00pm Thursday 1.10-1.40pm	Year 11	DT1	Mr Jenkins
GCSE Support	Wednesday / Thursday 12.40-1.10pm	Year 11	DT2	Mr Higginbottom

#### Exam Support Sessions

Geography Drop-In Sessions	Thursday 12.40-1.10pm	Year 11	K4	Mr Roberts
	Monday 12.40-1.10pm (By Invitation)	Year 11	K11	Mrs Vicars
History GCSE Support	Thursday 12.40-1.10pm	Year 11	K5	Dr Thorpe
	Friday 1.10-1.40pm	Year 11	K10	Mr McKie
Religious Studies	Tuesday 12.40-1.10pm Revision sessions will start after Christmas Wednesday 4.00-5.00pm	Year 11	K Block	Mrs Dove
ICT	Thursday 12.40-1.10pm	Year 11	K12	Miss Purvis
French GCSE Support Group	Friday 12.40-1.10pm	Year 10 & 11	L23	Mrs Holgate
Spanish GCSE Support Session	Tuesday 12.40-1.10pm	Year 11	L24	Mrs Willisch
Latin Drop-In Session	Tuesday / Wednesday 1.10-1.40pm	Year 11	OV6	Mrs Washington

#### Academic Extension

GCSE Science Live	Year 11	Mrs Baxter	Students studying separate science Chemistry will be invited to attend a day of lectures ran by leading scientists from across the globe. The day normally involves a session delivered by the Chief Examiner so maximising success.	
Chemistry in Action	Sixth Form	Mrs Baxter	All Lower Sixth Chemistry students will ve invited to attend a one-day conference to inspire and gain insights to enhance exam success.	
Chemistry Olympiad	Sixth Form	Mrs Baxter	All Chemistry Sixth Form students will be invited to take part.	
Biology Olympiad	Sixth Form	Mr Armstrong	A full day at Edge Hill University for selected Lower Sixth Biology students.	
Brain Day	Sixth Form	Mr Armstrong	Upper Sixth Biology and Psychology students will enjoy a one day course of the Brain and Neuroscience.	
UKROC Competition	Year 9 to Sixth Form	Mrs Tharme	Running alongside Rocketry Club, students will be invited to join the Midland's Rocketry Club for test flights.	
Physics Olympiad Preparation Session	Sixth Form	Mr Mathew		Wednesday 12.40-1.10pm
Academic Scholars Programme	Year 7 to 9	Mr Whitworth	Aimed at Academic Scholars but also those with a general interest in discussing, debating and researching academic topics and material.	Thursday 12.40-1.10pm Lodge First Floor Meeting Room
Linguistic Olympiad	Year 10	Mrs Washington		Friday 1.10- 1.40pm Ov6



## Futures Support

Monday	12.40-1.10pm	UCAS Support Drop-In	Sixth Form	Futures Room	Mrs Vicars Mrs O'Brien
11.20-12.00pm  Thursday  12.40-1.40pm		Advanced Tutorial Group - Oxbridge Preparation	Sixth Form	E3	Mrs Vicars
	Advanced Tutorial Group - Apprenticeships		Sixth Form	E4	Mrs Fountain
		Advanced Tutorial Group - Medic/Dentistry/Veterinary Science		Bi1	Mr Armstrong
	12.40-1.40pm	Careers Advice Drop-In	Sixth Form	Futures Room	Ms Keegan
Friday	12.40-1.10pm	Apprenticeship Guidance Drop- In Session	Year 11, Sixth Form	Futures Room	Mrs Fountain
		UCAS Advice Drop In	Sixth Form	Futures Room	Mrs Vicars





#### The Nicholls Lecture Series

Friday 5th September	Louise Codman & Paul Mountford Team Leaders, Wirral Road Safety Young Drivers
Friday 12th September	Dr Stephen Finnegan Associate Professor of Sustainable Design in the School of Architecture, University of Liverpool Can KFC be a sustainable business?
Friday 19th September	Mr Joe McDonnell, OB Founding Partner, McDonnell & Cooper Golf Architects From Hobby to Obsession to Profession
Friday 26th September	Dr John Curtis Consultant Radiologist (Retired) Ockham's Razor as applied to Medicine and Beyond
Friday 3rd October	Professor Claire Fuller National Medical Director, NHS England My Journey to Becoming a Doctor and England's Most Senior GP: The Art of the Possible in Becoming a Leader
Friday 10th October	Dr Amy Wood  Lecturer in Forensic Psychology at Liverpool John Moores  University  The Psychology of Body Image
Friday 17th October	Mr Richard Armstrong Chief Commercial Officer, Streambank How Banks Work and How to Build One
Friday 7th November	Mr Stephen Deaville Project Delivery Manager Epic Failure!
Friday 14th November	Mr Dan Bulteel, OB  Founder & CEO, Meet-Ting  Follow your Excitement: The Power of Pursuing what Inspires  You
Friday 21st November	Mrs Julie Simms  Co-Head of the Regeneration, Development & Infrastructure Real Estate Team and DWF's Liverpool Office Managing Partner  Challenges of an Inter-Generational Workforce: How to Position Yourself for Success in the Workplace
Friday 28th November	Mr Syed Rashid Vice President, WW Market Access & Government Affairs, Samsara Vision The Prevention of Profound Vision Loss in Patients with Late-Stage Age Macular Degeneration
Friday 5th December	Ms Sarah Humphries The Red Flag Project - HMP/YOI New Hall and Beyond

The Lent Term schedule will be published in January 2026.



#### Clubs

Monday	12.40- 1.10pm	Debating & Public Speaking	Year 7 to Sixth Form	OV2	Mrs Ballantyne	All welcome! Whether you would like to improve your confidence, or prepare for forthcoming competitions. Fun and informal, whenever you can make it!
		Table Tennis	Year 7 to Sixth Form	Squash Court	Mr Morgan	
		F1 Club	Years 8 & 9	DT1	Miss Walberg	
	12.40- 1.10pm	Student Voice Forum	Year 7 to Sixth Form	Meeting Room	Mr Murdoch	Beyond the remit of the Student Council, this is an opportunity for students to raise issues, questions, concerns or suggestions for the Pastoral and Management Teams to consider and share feedback. Some of this may then be fed into the Student Council, some will be addressed by staff as appropriate.
Tuesday (continued overleaf)		Chess Club	Year 7 to Sixth Form	Library	Mr Slingsby Mrs Baker	
		Games Club	Year 7 & 8	Ov1	Mrs Shone	
	1.10- 1.40pm	Youth Alpha	Year 7 to Sixth Form	Ov6	Miss Watson	Will begin on 23 <sup>rd</sup> September. Organised in collaboration with Mrs Hobbs (School Chaplain) and Mr Jarvis (Youth Ministry Coordinator at Bebington Parish Church). It is an opportunity to find out more about the Christian faith and ask big questions about life.

## Clubs (continued)

Tuesday	4.00- 5.00pm	Rocketry Club	Year 7 to Sixth Form	Overdale	Mrs Tharme	Activities will depend on progress versus the rocket planning / designing / build phase. Astronomy will run alongside from October halfterm to February half-term.
		Chess Club (Competition)	Year 7 to Sixth Form	Library	Mrs Baker	Club to establish interest from established players with a view to competitive chess (in house and potentially inter-school competition).
	12.40- 1.10pm	Art Club	Year 10	Art Room	Mrs Cormack	
	1.10- 1.40pm	Minecraft Club	Years 7 to 9	K12	Miss Purvis	
		Diversity Society	Years 9 to Sixth Form	K7	Mrs Dove	
Wednesday		Mindful Colouring	Year 7 & 8	Overdale	Mrs Loftus	
		Darts	Years 9 - 11	K8	Mr Maher	
		Squash Club	Year 11	Squash Court	Mr Armstrong	
		Chess Club	Year 7 to Sixth Form	Library	Mr Slingsby Mrs Baker	

#### Clubs (continued)

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		Horticulture Club	Year 7 to Sixth Form	Bi2	Mrs Brooks	Horticulture Club is open to all students who want to grow their skills - literally! From planting flowers and vegetables to learning about wildlife and the environment, it's hands-on fun that makes a difference. No experience needed - just enthusiasm!
	12.40- 1.10pm	Eco Club	Year 7 to Sixth Form	ВіЗ	Mrs Rerri- Bekibale Mrs O'Brien	Are you passionate about the environment, charity work, or public speaking? Interested in growing crops, observing organisms, and promoting sustainability in your community? Join Eco Club! We've proudly maintained our Eco School status for 3 years and supported charity events like sports day refill stations, Christmas jumper swaps, and harvest fundraising.
		Academic Scholars Programme	Year 7 - 9	Lodge First Floor Meeting Room	Mr Whitworth	Aimed at Academic Scholars but also those with a general interest in discussing, debating and researching academic topics and material.
Thursday	1.10- 1.40pm	Darts	Years 9 - 11	K8	Mr Maher	
		Art Club	Year 7	Art Rooms	Mrs Cormack	
		Lego Club	Year 7 & 8		Mr Edwards	
		Politics Club	Year 10 to Sixth Form	K10	Mr McKie	
		Vinyl Record Club	Year 9 to Sixth Form	В2	Mrs Brooks	Vinyl Record Club is all about great music and great company. Learn about iconic albums, swap recommendations, and enjoy the warmth of vinyl sound. Everyone welcome - just bring your love for music!
	4.00- 5.00pm	Orienteering Club	Years 7 to Sixth Form	Ph1	Mr Mathew	

## Clubs (continued)

	12.40- 1.10pm	Touch Typing	Year 7 to 9	Ov1	Miss Edwards	
		Science Club	Year 7 to 9	Ph3	Miss Holland	
	1.10- 1.40pm <b>Friday</b> 1.10- 1.40pm	Art Club	Year 11	Art Rooms	Mrs Cormack	
Friday		Science Club	Year 7 to 9	Ph3	Miss Holland	
	Linguistics Olympiad	Year 10	Ov			
	History Clinic	Year 7 to Sixth Form	K10	Mr McKie		
	4.00- 5.00pm	Badminton Club	Year 7 to Sixth Form	Sports Hall	Mr Armstrong	

The Outdoor	Year 10 to Sixth	Mr Roberts	This year we are launching 'The OG'. It is a group for outdoor and geography enthusiasts. We will be running at least one outdoor adventurous activity each term on a weekend. This may include a Snowdon hike, coasteering and a visit to Zip World. Inspirational talks and film events with documentaries of favourite explorers will take place. The evenings will vary to ensure that everyone has an opportunity to take part and a schedule of events will be released at the start of each term.
Geography Club	Form	Mr Edwards	

# Trips

Month	Length	Destination	Year(s)	UK / Europe / International	Subject
September	1 Day	Chester Zoo	Year 8	UK	Geography
	1 Day	London Art Galleries	Sixth Form	UK	Art
October 4 Days		France - Futuroscope Centre (Vienne, Nouvelle-Aquitane)	Years 7 to 9	Europe	STEM Trip
November	1 Day  Theatre Visit - Shawshank Redemption		Seniors	UK	Drama
1 Day		Chemistry in Action at The Royal Northern College of Music	Seniors	UK	Chemistry
February	5 Days	New York	Seniors	International	Drama
March	3 Days	Conwy	Seniors	UK	Geography
April	7 Days	Ski Trip - Les Menuires, France	Seniors	Europe	Sport
June	5 Days	FSC Margam Discovery Centre, Port Talbot	Seniors	UK	Geography